

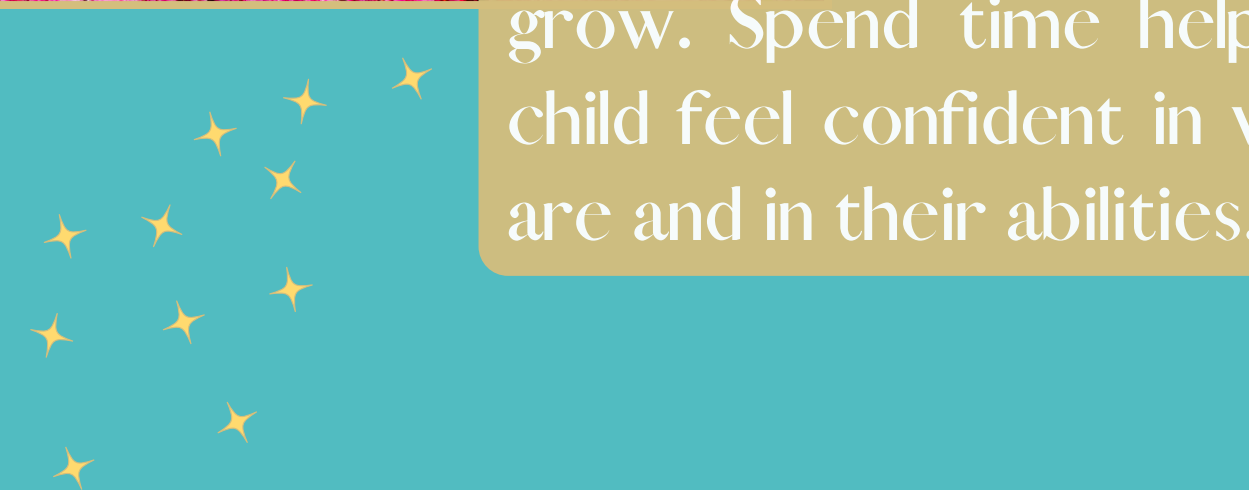
ISSUE 27 SPRING EDITION

Bringing Out the Best

SUPPORTING THE SOCIAL & EMOTIONAL DEVELOPMENT OF YOUNG CHILDREN IN
GUILFORD COUNTY



Building your child's self-esteem is like caring for a garden. It takes time to cultivate and grow. Spend time helping your child feel confident in who they are and in their abilities.



Build Your Child's Self-Esteem



Praise effort rather than just results



Provide unconditional love

Encourage autonomy through small and manageable tasks

STRATEGIES



HOME
&

CLASSROOM

"Affirmation Mirror":

Place positive statements on a mirror for them to read.



"All About Me" Books:

Create books focusing on their favorite things and accomplishments.



MORNING JOBS



"Responsibility Chart":

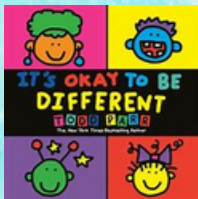
Use a chart to track small tasks they accomplish independently.

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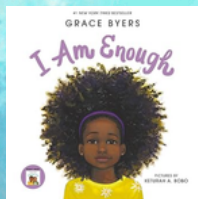
Boosting Children's Confidence Booklist



Recommended by:
Mary Jordan, PhD, Early Childhood Specialist



It's Okay to Be Different by Todd Parr



I Am Enough by Grace Byers



My Strong Mind by Neils Van Hove

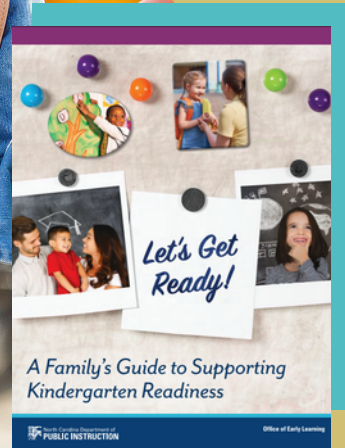


School Readiness Resources

Start planning activities to help your
child get ready for Kindergarten.

[Click Here](#)

To download resource book:
Let's Get Ready! A Family's Guide to
Supporting Kindergarten Readiness





Save the Date All are FREE and will be held 6:30pm-8:00pm

BOB TEACHER TRAININGS SPRING 2026

- FEB 24** Quality Conversations In-person training
GCCPC Office
- MAR 10** Teacher Wellness: Overcoming Compassion Fatigue Virtual Training
Learn
- APR 7** Ready & Regulated: Creating Your Sensory Strategies Toolkit In-person training
GCCPC
- APR 21** Keep the Peace: Using Conflict Resolution Skills in the Classroom In-person training
Stratford Hall
- APR 25** The Annual GELC Conference (Guilford Early Learning Collaborative) In-person training
St. Mary's Episcopal Church in MD
- MAY 14** Early Childhood Mental Health: Strategies for Children with Trauma In-person training
Jamestown Place

Use the QR Code to visit our website for more training information
*Registration opens 30 days before training date!

VISIT OUR WEBSITE FOR PARENT AND TEACHER TRAININGS OFFERED THIS SPRING!



<https://bringingoutthebest.uncg.edu/training/>

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Bringing out *the* Best

—at—

UNC GREENSBORO