



February

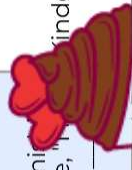
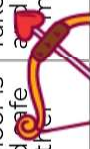
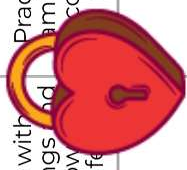
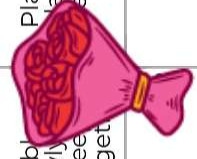
Guilford County's School Readiness Calendar

The School Readiness Calendar helps parents and providers get young children school ready with these fun and simple activities!



Guilford
COUNTY SCHOOLS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Check local school system to see when Kindergarten registration begins	2 Make faces in the mirror and name each emotion	3 Pretend a toy is sad and practice helping it feel better	4 Sing the Song "Kindness Is Everywhere" Song	5 Pretend to blow bubbles slowly and practice deep breathing together	6 Play music and dance to show different emotions	7 Roll a ball to someone and say something nice about them
8 Draw a picture of something that made you happy today	9 Act out emotions and guess which feeling it is	10 Pretend to blow up a balloon while taking slow deep breaths	11 Cut out hearts and arrange them by size	12 Match colors to different emotions	13 Decorate a card for a friend or family member	14 Sing the Song "A Friend Like You"
15 Kindergarten Kick-Off School Tours Release Date!	16 Cut pictures of favorite things from magazines or the newspaper	17 Sing the Song "We Are All Alike and Different"	18 Read books with different feelings and talk about how characters feel	19 Practice giving a family member a compliment each day	20 Act out different feelings without speaking	21 Practice taking deep breaths and counting to 5 when upset
22 Draw a picture of yourself and what makes you special	23 Pretend the floor is lava and find safe spots together	24 Take turns with toys and describe how it makes you feel	25 Leave kind notes and drawings to family members hidden around the house	26 Webinar - Getting Started: Signing Up for Kindergarten	27 Take turns finishing the sentence, "I _____ when _____"	28 Discover Kindergarten Event

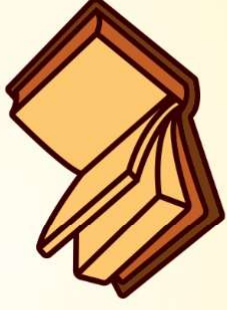


Tips for Parents:

Encourage storytelling by having your child retell familiar stories in new ways, like starting from the end or making up silly versions, to strengthen comprehension and sequencing skills.

Play with letter sounds by choosing a "Letter of the Day" and creating fun sentences together, such as "The silly snail sings slowly," to build phonemic awareness.

For More Information, visit readbondgrow.org



Book(s) to Read this Month:

"All Are Welcome" by Alexandra Penfold and Suzanne Kaufman

"Children learn best through hands-on experiences, and play is where real learning happens."

— Dr. Juanita Copley, Early Childhood Educator and Advocate

[NC Pre-K Registration](#) starts January 12, 2026!

Check out Guilford County Partnership for Children's [NC Pre-K Site Search Tool](#) to find the right school fit for your family!

[Kindergarten Registration](#) starts January 9, 2026!

Check out Guilford County's Schools' [2026-2027 School Locator](#) to find your neighborhood school and start your Kindergarten Registration!

Read. Bond. Grow. strives to turn families into reading communities, empowering individuals to become lifelong readers and passionate advocates for literacy. Discover the joy of active reading with your child at www.readbondgrow.org