

# FREE VIRTUAL PARENTING WORKSHOPS



**PRESENTED BY: BRINGING OUT THE BEST**

You are eligible to register, if you live in Guilford County or have at least one child (5 years old or younger) attending a childcare program in Guilford County.

## Managing Fighting & Aggression

Tuesday, January 20, 2026  
5:30pm-7:30pm



## Developing Good Bedtime Routines

Tuesday, February 10, 2026  
5:30pm-7:30pm



## Dealing with Disobedience

Tuesday, March 10, 2026  
5:30pm-7:30pm



## Hassle-Free Shopping

Tuesday, April 14, 2026  
5:30pm-7:30pm

