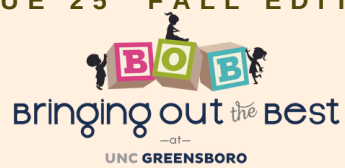


ISSUE 25 FALL EDITION



BRINGING OUT THE BEST

SUPPORTING THE SOCIAL & EMOTIONAL DEVELOPMENT OF YOUNG CHILDREN
IN GUILFORD COUNTY





FALL VIBES

"And all at once, summer collapsed into fall." ”
~Oscar Wilde

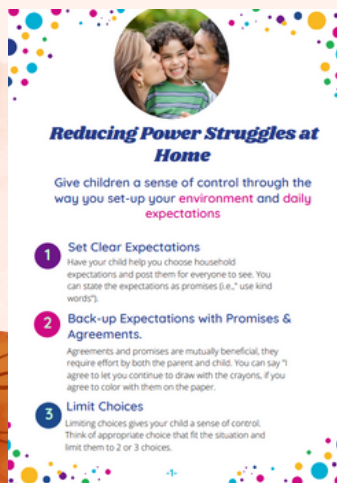
“Love the trees until their leaves fall off, then encourage them to try again next year”
~Chad Sugg



“Autumn shows us how beautiful it is to let things go”

~Unknown

One tricky part of parenting is knowing when to set limits and when to let things go. Take time this season to encourage your child to follow directions. [Click Here](#) for ideas on how to reduce power struggles with your little one!



Reducing Power Struggles at Home

Give children a sense of control through the way you set-up your environment and daily expectations

- 1 Set Clear Expectations**
Have your child help you choose household expectations and post them for everyone to see. You can state the expectations as promises (i.e., "use kind words").
- 2 Back-up Expectations with Promises & Agreements.**
Agreements and promises are mutually beneficial, they require effort by both the parent and child. You can say "I agree to let you continue to draw with the crayons, if you agree to color with them on the paper."
- 3 Limit Choices**
Limiting choices gives your child a sense of control. Think of appropriate choice that fit the situation and limit them to 2 or 3 choices.



NOTICE THE AUTUMN CHANGES WITH YOUR CHILDREN

Have fun exploring outside doing a Scavenger Hunt!



[Download Scavenger Hunt Here](#)

Enjoy making crafts or ornaments out of your fall treasures



Free Fall Family Events

**BUR-MIL PARK FALL FEST | OCT 11
10 A.M. TO 3 P.M. |
| BUR-MIL PARK |
A FAMILY-FRIENDLY FESTIVAL**

**HALLOWEEN SPOOKY HOOPLA | OCT. 18
| HIGH POINT ATHLETIC COMPLEX |
FREE TRUNK-OR-TREAT, HAUNTED
TRAIL & BOUNCE HOUSES**



Find additional parenting support here!



Bringing Out the Best Specialists can provide individual parenting help through the Triple P program!



Interested families must live in Guilford County, and be caring for a child birth through 5 years old.

[Click Here](#) for more information



[CLICK HERE FOR TIPS TO CONNECT WITH INFANTS AND TODDLERS USING "THE BASICS"](#)

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Email Opt In



Basics Insights
Text Opt In



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UPCOMING PARENT AND
TEACHER TRAININGS

<https://bringingoutthebest.uncg.edu/training/>

