



Topic Of The Month: Managing Feelings And Emotions

Registration for Kindergarten is now
OPEN,
visit the Guilford County School's
[website](#) for enrollment information

Books To Explore

- The Grouchy Ladybug by Eric Carle
- The Pout Pout Fish by Deborah Diesen
- The Feelings Book by Todd Parr
- My Many Colored Days by Dr. Seuss

Sing songs to help your child learn how to express their feelings

Watch kid-friendly videos about feelings

When you read to your child, discuss how the characters in the story are feeling

Things That You Can Do This Month

- Register your child for kindergarten
- Be on the lookout for open houses
- Attend community events and activities at your child's school

Watch The "Just Breathe" Video

[Click Here to Learn How to Make a Calming Kit](#)



Visit Our Website For More Resources:
bringingoutthebest.uncg.edu

