



New Response Strategy

Avoid Attending to the Behavior



Remove your visual and verbal attention by looking in another direction and only speaking to your child if necessary.

Stay near your child to ensure they remain safe. Remove harmful items from the surrounding area, if possible.

Provide high-quality positive feedback if your child requests your attention appropriately.

When you notice your child not engaging in challenging behavior (even if for a moment) provide brief positive feedback and reassurance.



Click [here](#) for more self-care strategies.

Use strategies to stay calm like counting or taking deep breaths. Avoid reacting to your child's behavior with frustration or anger.

Block harmful behavior. Remember to keep your visual and verbal attention to a minimum during this time.

"It seems like you're calming down. I'm here to help when you're ready."

For more information on how to avoid attending to your child's challenging behavior, click [here](#).

